

VIVIAN'S MEDITERRANEAN MARKET

45 WILLIAMS AVE.
MYSTIC CT, 06355
VIVIANSMARKETTOGO@GMAIL.COM

VIVIANSMARKET.COM
860-415-4656
** PLEASE CALL FOR PRICING

ITALIAN CATERING MENU

APPETIZERS AND SIDE DISHES

MOZZAREALLA WITH TOMATO & BASIL
BURRATA
BURRATA WITH TRUFFLES
BRUSCHETTA WITH TOMATO & BASIL
EGGPLANT PINWHEELS A LA PARMIGIANA "MOM'S UNIQUE RECIPE"
AUNTIE ANN'S SICILIAN CAPONATA
ARANCINI (RICE BALL) WITH MARINARA SAUCE
CHICKEN LIVER PATE
CHICKEN SATE – CHICKEN BREAST TENDERLOIN WITH PEANUT SAUCE
BUFFALO STYLE CHICKEN WINGS
SMOKED SALMON, CREAM CHEESE, CAPERS & CHIVES ON MELBA TOAST
CRAB CAKES
SCALLOPS WRAPPED WITH BACON
ESCARGOT IN GARLIC & PARSLEY BUTTER
MINI BAKED EGG CUPCAKE OMELET
FRITTATA WITH POTATOES, ONION & ROSEMARY
SPINACH POTATO CAKES
STUFFED MUSHROOMS (VEGETARIAN) OR WITH SAUSAGE
ITALIAN STUFFED PEPPERS
BAKED CLAMS
GRILLED STEAK
GRILLED CHICKEN BREAST
GRILLED TUNA STEAK
GRILLED SALMON
SAUTEED STRING BEANS IN OLIVE OIL & GARLIC OR WITH ROASTED ALMONDS
STUFFED ARTICHOKE
FRIED ARTICHOKE HEARTS
ROASTED CAULIFLOWER
ROASTED BRUSSEL SPROUTS
BROCCOLI RABE IN OLIVE OIL & GARLIC
LAMB LOLLIPOPS
CHEESE PLATTER WITH CRACKERS, FRUIT & JAM/HONEY
CALZONE WITH RICOTTA & MOZZARELLA
ASSORTED STRAMBOLIS
TUNA TARTAR WITH SHRIMP IN FILO CUP & ASIAN DRESSING
SESAME SEARED TUNA

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SOUPS

CHICKEN NOODLE
CHICKEN & TORTILLA STRIPS
CHICKEN SAUSAGE & KALE
BEEF BARLEY & VEGETABLE
TURKEY & WILD RICE
PASTA FAGIOLE (VEGETARIAN)
ESCAROLE WHITE BEAN (VEGAN)
BLACK BEAN (VEGAN)
LENTIL SWISS CHARD (VEGAN)
CREAMY TOMATO (VEGETARIAN)
SPICY PEPPER & PEANUT BUTTER

SALADS

ARUGULA & MIXED GREENS
GOAT CHEESE, CARAMELIZED ONION, PINE NUTS W/BALSAMIC DRESSING

CAESAR SALAD
ROMAINE HEARTS, ANCHOVY, EGG YOLK, GARLIC, LEMON, DIJON MUSTARD, OLIVE OIL, VEGETABLE OIL, PARMESAN CHEESE, BLACK PEPPER

GREEK SALAD ICEBERG
CHERRY TOMATO, FETA CHEESE, CUCUMBER, ONION, RED WINE VINEGAR DRESSING

SPINACH SALAD
WALNUTS, CRANBERRIES, ASPARAGUS, MUSHROOM, LEMON DRESSING

SHEPHARDS SALAD
SMALL DICE TOMATO, CUCUMBER, ONION, MINT, OLIVE OIL

FATTOUSH SALAD
ROMAINE, TOMATO, CUCUMBER, ONION, PARSLEY, MINT, SUMAC, GARLIC, OLIVE OIL, VEGETABLE OIL & LEMON

CITRUS SALAD
ROMAINE, HONEY, ORANGE JUICE, ORANGE SLICES, LEMON, CILANTRO, OLIVE OIL & VEGETABLE OIL

TABOULI (AUTHENTIC LEBANESE TABOULI)
PARSLEY, WHOLE WHEAT BULGUR, TOMATO, ONION, OLIVE OIL, LEMON, MINT, SALT & PEPPER

QUINOA TABOULI (GF)
QUINOA, PARSLEY, TOMATO, ONION, MINT, LEMON, OLIVE OIL, SALT & PEPPER

BEAN & CORN
ONION, GARLIC, OLIVE OIL, LEMON, SALT & PEPPER

CABBAGE SALAD (MALFOOF SALAD) "OUR ORIGINAL RECIPE"
GREEN & PURPLE CABBAGE, GARLIC, LEMON, OLIVE OIL, SALT & PEPPER

ORZO & GARDEN VEGETABLES

CHICKPEA SALAD
CABBAGE, CHICKPEAS, BEETS, LEMON DRESSING

KALE SALAD (POWER BOWL)
WITH VOODLES (VEGETABLE NOODLES), PEANUT DUST, RED QUINOA, TAHINI CILANTRO DRESSING

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PASTA

SPAGHETTI & MEATBALLS
PASTA MARINARA SAUCE
PASTA BOLOGNESE
ITALIAN SUNDAY GRAVY (BRAGIOLI, MEATBALLS, PORK SAUSAGE)
MEAT LASAGNA
VEGETABLE LASAGNA
FETTUCCINI AL FREDO
BAKED RIGATONI
BAKED RIGATONI BOLOGNESE
RIGATONI BOLOGNESE
RIGATONI VODKA
RIGATONI WITH BROCCOLI RABE
RIGATONI WITH BROCCOLI RABE & SAUSAGE
RIGATONI WITH BROCCOLI IN OLIVE OIL & GARLIC
DITALINI WITH PEAS, LIGHT TOMATO SAUCE & POACHED EGGS
PENNE WITH ARTICHOKE, SUN DRIED TOMATO, ASPARAGUS, OLIVE OIL & GARLIC
PASTA AL POMODORO CRUDO
PASTA WITH MUSHROOM & SPINACH
PENNE, CHICKEN BREAST, FETA CHEESE & SPINACH
PASTA WITH OLIVE OIL, GARLIC & PARMESAN CHEESE
PESTO PASTA WITH GRILLED CHICKEN
PASTA WITH FENNEL & CHICKEN SAUSAGE WITH CROUTONS
PASTA AIOLI WITH OLIVE OIL, GARLIC & PARMSEAN CHEESE (YOU MAY EXCLUDE CHEESE FOR VEGAN)

** PASTA CHOICES – SPAGHETTI, LINGUINE, PENNE, RIGATONI

** GLUTEN FREE & BROWN RICE PASTA DISHES ARE AVAILABLE AT YOUR REQUEST

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ENTREES

POULTRY

CHICKEN SAUSAGE WITH PEPPERS & ONIONS
CHICKEN PARMIGIANA
CHICKEN CACCIATORE
CHICKEN MARSALA
ROASTED WHOLE CHICKEN WITH SEASONAL VEGETABLES
SAUTEED CHICKEN BREAST WITH WHITE WINE
CHICKEN PICCATA
CHICKEN FRANCAISE
COQ AU VIN
BALSAMIC CHICKEN
LEMON BUTTER CHICKEN & ROSEMARY POTATO
CHICKEN WITH RISOTTO
BALSAMIC GLAZED CAPRESE CHICKEN
CHICKEN SCARPARELLO
STUFFED PEPPERS WITH GROUND CHICKEN
CHICKEN ALA KING

BEEF

MEATLOAF & MASHED POTATOES
BEEF STEW WITH RICE PILAF
POT ROAST WITH MASHED POTATOES
GRILLED PETIT FILET STEAK WITH MUSHROOMS & WILD RICE
STEAK WITH PEPPERES & ONIONS
STUFFED PEPPERS WITH GROUND BEEF "ITALIAN STYLE"
VEGAN STUFFED PEPPERS WITH QUINOA
LONDON BROIL & BAKED POTATO WITH SEASONAL VEGETABLES
CORNED BEEF & CABBAGE
POT ROAST WITH POTATOES, CELERY & CARROTS
BRAISED OXTAIL STEW WITH POLENTA
BEEF SPIEDINI ALA SICILIANA
MEATBALLS IN TOMATO SAUCE OR PARMIGIANA
SHEPHERD'S PIE
AMERICAN CHOP SUEY
BEEF BURGUNDY WITH VEGETABLES

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LAMB, VEAL AND PORK

VEAL CHOPS WITH ROSEMARY POTATOES & ASPARAGUS
VEAL PARMIGIANA WITH RIGATONI
VEAL MARSALA
VEAL SPIEDINI (GRANDMA T'S RECIPE)
LAMB CHOPS WITH RICE PILAF, GRILLED ONIONS & TOMATOES
LAMB STEW WITH POTATOES & VEGGIES OVER RICE PILAF
PORK CHOPS WITH RICE & BLACK BEANS
PORK TENDERLOIN WITH ROASTED POTATOES
PORK SAUSAGE, PEPPERS & ONION
PORK LOIN STUFFED WITH HARVEST RICE SERVED WITH BAKED BUTTERNUT SQUASH
GRILLED PORK CHOPS WITH SEASONAL VEGETABLES

SEAFOOD

PAN SEARED SALMON WITH SPINACH & POTATOES
LEMONY SALMON PICCATA
GRILLED SALMON WITH CILANTRO GARLIC & SEASONAL VEGETABLES
HONEY-SOY GLAZED SALMON WITH PEPPER
ROASTED SALMON, CAPERS, LEMON WITH MASHED POTATOES & BROCCOLI
BAKED SALMON WITH MASHED POTATOES & VEGETABLES
GRILLED SALMON WITH MASHED POTATOES & VEGETABLES
SEARED SALMON WITH MASHED POTATOES & VEGETABLES
SHRIMP SCAMPI OVER PASTA AIOLI
SHRIMP WITH ESCAROLE & CANNELINI BEANS
SHRIMP PARMIGIANA
LINGUINI WITH CLAM SAUCE
SEARED SCALLOPS WITH WHITE WINE & POTATO CAKES
SEAFOOD FRA DIAVLO
SEAFOOD MARINARA
GREEK-STYLE BAKED COD WITH LEMON AND GARLIC
FRUTTI DI MARE (ITALIAN SEAFOOD SALAD)
BRONZINI (MEDITERRANEAN SEA BASS) WHOLE FISH WITH SEASONAL VEGETABLES
FRIED WHITING (WHOLE FISH)
FRIED COD FISH WITH POTATO WEDGES AND TARTAR SAUCE

NOTE: IF YOU HAVE ANY SPECIAL REQUESTS THAT IS NOT ON OUR MENU,
PLEASE CALL US AND WE WILL TRY TO ACCOMODATE YOU.